

FOR SUPERVISORS & TEAM LEADS

**You already know
who's about to
burn out on your team.**

**You just don't know
what to say to them yet.**

BUILDING A BURNOUT-RESISTANT TEAM

A Manager's Toolkit

1.5-Day HRD Corp Claimable Programme.
Built for managers, not the burned-out employee.

WHAT YOU WALK AWAY WITH

- 1** Spot the warning signs weeks before HR does
- 2** A non-invasive check-in framework that works
- 3** Redistribute workload without playing favourites
- 4** Build a team rhythm that catches overload early



**1.5 Days
12 Hours**



**2-20 Pax
Per Run**



**SBL Scheme
HRD Corp Claimable**



**Certificate
Of Completion**



**Online Class
Physical Training**

***“Piloted with a company of 350 staff —
strong engagement filled with knowledge and laughter.”***

HRD Corp-accredited (TTT) trainer,
grounded in Goleman's EI and Situational Leadership frameworks.

Bring This To Your Management Team

Jaynexus Sdn Bhd (201901024256)
· HRD Corp Registered Training Provider

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